

## Pre Health Planning Worksheet: 4 Year Plan

All plans are unofficial. Final schedules may vary based upon many factors including, but not limited to, course availability, exam scores, prerequisite completion, degree requirements, professional school needs, & students interests. It is suggested that students obtain a minimum Math SAT of >590 or Math ACT of >25 to take CHE 1111 & BIO 1500 consecutively during their first semester. All pre-health students should discuss plans with both their academic advisor and a pre-health advisor each semester.

Year 1		Year 2		Year 3		Year 4	
Fall 20__		Fall 20__		Fall 20__		Fall 20__	
<b>Credits</b>		<b>Credits</b>		<b>Credits</b>		<b>Credits</b>	
<b>Experiences/Activities:</b> If schedule allows: gain healthcare experience (shadowing/volunteering)		<b>Experiences/Activities:</b> Gain healthcare experience		<b>Experiences/Activities:</b> Gain healthcare experience Research schools Study for entrance exam Write personal statement Meet with pre-health advisor!		<b>Experiences/Activities:</b>	
Spring 20__		Spring 20__		Spring 20__		Spring 20__	
<b>Credits</b>		<b>Credits</b>		<b>Credits</b>		<b>Credits</b>	
<b>Experiences/Activities:</b> If schedule allows: gain healthcare experience (shadowing/volunteering)		<b>Experiences/Activities:</b> Gain healthcare experience		<b>Experiences/Activities:</b> Gain healthcare experience Finalize list of schools/check requirements Study for entrance exam Finish personal statement Secure letters of recommendation Meet with pre-health advisor!		<b>Experiences/Activities:</b>	
Summer 20__		Summer 20__		Summer 20__		Summer 20__	
<b>Credits</b>		<b>Credits</b>		<b>Credits</b>		<b>Credits</b>	
<b>Experiences/Activities:</b> Gain healthcare experience		<b>Experiences/Activities:</b> Gain healthcare experience		<b>Experiences/Activities:</b> <b>April - July: Apply to Professional School*</b> <b>May- June: Take Entrance Exam</b>		<b>Experiences/Activities:</b>	

*\*students should not apply to professional school until their application is holistically competitive including, but not limited to, completing most/all of the required prerequisite courses, having studied and taken the entrance examination, built a well-rounded resume of healthcare experiences, be able to demonstrate strong qualities and skills, and more. Please see your pre-health advisor for additional recommendations.*