

Pre Health Planning Worksheet: 4 Year Plan (with one gap year)

All plans are unofficial. Final schedules may vary based upon many factors including, but not limited to, course availability, exam scores, prerequisite completion, degree requirements, professional school needs, & students interests. It is suggested that students obtain a minimum Math SAT of >590 or Math ACT of >25 to take CHE 1111 & BIO 1500 consecutively during their first semester. All pre-health students should discuss plans with both their academic advisor and a pre-health advisor each semester.

Year 1		Year 2		Year 3		Year 4		Experiences/ Activities:
Fall 20__		Fall 20__		Fall 20__		Fall 20__		
Credits		Credits		Credits		Credits		
Experiences/Activities: If schedule allows: gain healthcare experience (shadowing/volunteering)		Experiences/Activities: Gain healthcare experience		Experiences/Activities: Gain healthcare experience		Experiences/Activities: Gain healthcare experience Research schools Study for entrance exam Write personal statement Meet with pre-health advisor!		
Spring 20__		Spring 20__		Spring 20__		Spring 20__		
Credits		Credits		Credits		Credits		
Experiences/Activities: If schedule allows: gain healthcare experience (shadowing/volunteering)		Experiences/Activities: Gain healthcare experience		Experiences/Activities: Gain healthcare experience		Experiences/Activities: Gain healthcare experience Finalize list of schools/ req. Study for entrance exam Finish personal statement Secure letters of recommendation Meet with pre-health advisor!		
Summer 20__		Summer 20__		Summer 20__		Summer 20__		
Credits		Credits		Credits		Credits		
Experiences/Activities: Gain healthcare experience		Experiences/Activities: Gain healthcare experience		Experiences/Activities: Gain healthcare experience		Experiences/Activities: April - July: Apply to Professional School* Take Entrance Exam	Summer/Fall 20__: Begin Professional School	

**students should not apply to professional school until their application is holistically competitive including, but not limited to, completing most/all of the required prerequisite courses, having studied and taken the entrance examination, built a well-rounded resume of healthcare experiences, be able to demonstrate strong qualities and skills, and more. Please see your pre-health advisor for additional recommendations.*