

# YOUR PRE-HEALTH PROFESSION PATH



COLLEGE  
FRESHMAN  
YEAR

1

Explore career options in desired field

- Visit [flsouthern.edu/pre-health](http://flsouthern.edu/pre-health)
- Meet with a Pre-Health Advisor
- Attend pre-health events
- Apply to summer programs

Summer

2

Get Some Experience

- Volunteer, shadow, or intern in the field
- Explore professional schools & programs



COLLEGE  
SOPHOMORE  
YEAR

5

Make a Game Plan With Your Advisor

COLLEGE  
JUNIOR  
YEAR

- Get research or internship experience
- Review specific application processes
- Look into Fee Assistance Program
- Review MCAT, DAT, PCAT, OAT, or GRE exam registration process

4

Get More Experience and Look at Resources

Summer

- Work with your Pre-Health Advisor
- Attend pre-health meetings
- Volunteer, shadow, or work in related field

Stay on Track for Professional School

3

Things to discuss with your Pre-Health Advisor :

- Taking a gap year
- Post-bacc programs
- When to take the MCAT, DAT, PCAT, OAT, or GRE
- Letters of recommendation
- Required course work for program

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Register for the MCAT, DAT, PCAT, OAT, or GRE Exam

- Register EARLY!
- Use various schools admissions requirements to compare schools
- Begin filling out professional school application

Summer

- Finalize and submit your application
- Continue to volunteer, shadow, work in healthcare

COLLEGE  
SENIOR  
YEAR

7

Prepare for Professional School Interviews

9

Get Ready for Professional School!

- Buy books
- Find a place to live
- Attend orientation programs and matriculate

COLLEGE  
GRADUATION!

- If waitlisted or rejected:
- Talk with your advisor
  - Consider a gap year or post-bacc program
  - Explore your options

OR

- If accepted:
- Decide which school you want to attend
  - Complete financial aid forms

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Receive Letters of Acceptance or Rejection

- Consult with your Pre-Health Advisor
- Get interview tips from aspring profession website
- Do several mock interviews with HP STEM office

