

Education:

- Ph.D. - University of Toledo, Toledo, Ohio, Exercise Science, (2016)
- DPT - University of Toledo, Toledo, Ohio, Physical Therapy, (2011)
- B.S. - Belmont Abbey College, Belmont, North Carolina, Biology, (2007)

Licensure Information:

- Physical Therapy, State of Florida, PT34255 (Active)
- Physical Therapy, State of Ohio, PT013307 (Active)

Certifications:

- Kinesiology Taping Practitioner

Employment and Positions Held:

- Assistant Professor, Florida Southern College (Tenure Track), School of Physical Therapy, Lakeland, FL (August 2018 – present)
- Part time Physical Therapist (acute care), University Hospitals Geauga Medical Center, Chardon, Ohio, (11/2016 – 8/2018)
- Part time Instructor, Kinesiology Program, University of Toledo, Toledo, Ohio, (8/2015 – 5/2016)
- Physical Therapist, ProMedica Health System Flower Hospital, Sylvania, Ohio, (7/2011 – 9/2016)
- Graduate Teaching Assistant, Kinesiology Program, University of Toledo, Toledo, Ohio, (8/2009 – 5/2015)
- Graduate Teaching Assistant, Doctor of Physical Therapy Program, University of Toledo, Toledo, Ohio, (8/2009 – 5/2014)
- Laboratory Assistant, Biology Department, Belmont Abbey College, Belmont, North Carolina, (8/2005 – 5/2007)

Peer Reviewed Publications:

- Torres-Palsa MJ, Koziol MV, Goh Q, Cicinelli PA, Peterson J, Pizza FX. (2015) Expression of intercellular adhesion molecule-1 by myofibers in *mdx* mice. *Muscle and Nerve* **52**, 795–802.
- Dearth CL, Goh Q, Marino JS, Cicinelli PA, Torres-Palsa MJ, Worth R, Pizza FX. (2013) Skeletal muscle cells express ICAM-1 after muscle overload and ICAM-1 contributes to the ensuing hypertrophic response. *PLOS ONE* **8**, e58486.

Peer Reviewed Scientific and Professional Presentations:

- Torres-Palsa MJ, Kreft A, Pizza FX. ICAM-1 in Skeletal Muscle Regeneration. Kinesiology Graduate Student Research Symposium, University of Toledo, April 15, 2016, Toledo, OH
- Torres-Palsa MJ, Koziol M, Goh Q, Cicinelli PA, Peterson JM, Pizza FX. Expression of intercellular adhesion molecule-1 by myofibers in *mdx* mice. Kinesiology Graduate Student Research Symposium, University of Toledo, May 1, 2015, Toledo, OH

Maria Jose Torres-Palsa
Florida Southern College

- Torres-Palsa, Koziol MV, Goh Q, Peterson J, Pizza FX. Skeletal muscle fibers in dystrophin-deficient mice express intercellular adhesion molecule-1 (Poster Presentation). The 6th Annual College of Health Sciences Inter-professional Undergraduate and Graduate Student Research Forum, University of Toledo, April 10, 2015, Toledo, OH
- Torres-Palsa MJ, Koziol MV, Goh Q, Peterson J, Pizza FX. Skeletal muscle fibers in dystrophin-deficient mice express intercellular adhesion molecule-1 (Poster presentation). Experimental Biology, April 26-30, 2014, San Diego, CA
- Torres-Palsa MJ. Potential effects of cryotherapy in the inflammatory response to exercise-induced muscle damage: A literature review (Poster presentation). The Robert Livengood Student Research Forum, University of Toledo, October 12, 2010, Toledo, OH

Funded/In Review Grant Activity:

None

Current/Active Research Activity:

Use of cadavers vs. plastinated cadaver specimens in teaching Human Anatomy to DPT students (see scholarship)

Membership in Scientific/Professional Organizations:

- American Physical Therapy Association (2013 – 2015, 2018 – present)
 - Research Section
 - Education Section
 - Acute Care Section

Consultative and Advisory Positions Held:

None

Community Service:

- Physical Therapist and Spanish Translator, Lake County Free Clinic, Painesville, Ohio, (April 2018 to August 2018)
- Supervising Physical Therapist, University of Toledo Medical Mission, León, Nicaragua, August 10-18th, 2013
- Supervising Physical Therapist, University of Toledo Medical Mission, León, Nicaragua, August 11-19th, 2012
- Student Physical Therapist, Volunteering at Glass City Marathon, Toledo, Ohio, April 24, 2011
- International Student Ambassador, University of Toledo, Toledo, Ohio, January 2011

Services to the University/College/School on Committees/Councils/Commissions:

- Wellness Committee, Florida Southern College, present.
- Graduate Council member, Florida Southern College, present.
- Secretary, Physical Therapy Student Organization, University of Toledo, 2008-2011
- Secretary, Student Government Association, Belmont Abbey College, 2006-2007
- President, Tri-Beta Biological Honor Society, Belmont Abbey College, 2006-2007

Honors and Awards:

Maria Jose Torres-Palsa
Florida Southern College

- Outstanding Poster Presentation Award, 6th Annual College of Health Science Student Research Forum, University of Toledo, April 10, 2015
- Graduate Student Tuition Scholarship, University of Toledo, 2009-2010
- Diamante Latino Scholarship, University of Toledo, 2008
- Outstanding Biology Student, Belmont Abbey College, 2007
- Who's Who Among Students in American Universities & Colleges, Belmont Abbey College, 2007
- Benedictine Scholarship, Belmont Abbey College, 2005-2007
- Madeline H. Nichols Scholarship, Belmont Abbey College, 2005-2007

Continuing Education Attended:

- Pelvic Health for the Non-Pelvic Health Therapist. November 17, 2018. Florida.
- Kinesiology Taping Practitioner Certification: Combining Taping and Movement to Improve Functional Outcomes. August 26, 2018. Vyne Education, Ohio.
- Mentorship with Dr. Cindy Bouillon, PT, PhD, Associate Professor, University of Toledo, Physical Therapy, PHYT 5000 Gross Anatomy, Summer 2018 (10 weeks), see attached letter
- Orthopedic Considerations for the Pregnant and Postpartum Patient. May 15, 2018. University Hospitals Sports Medicine, Ohio.
- Current Concepts in ACL Injury, Surgery, and Rehabilitation. November 16, 2017. Western Schools, Online.
- An Evidenced Based Approach to Comprehensive Physical Therapy Concussion Management. July 27, 2017. University Hospitals Sports Medicine, Ohio.
- The Running Seminar. May 5-6, 2017. Cleveland Clinic Rehabilitation Sports Medicine, Ohio.
- After the Diagnosis: Self-Management Strategies to Avoid Readmission. September 20, 2016. ProMedica Health System, Ohio.
- Physical Therapy Management of Children with Cancer. April 01, 2015. APTA Learning Center, Online.
- Introduction to Pediatric Hospital-based Care. March 10, 2015. APTA Learning Center, Ohio.
- Clinical Geriatrics Orthopedics. October 17-19, 2014. ProMedica Health System, Ohio.

TEACHING RESPONSIBILITIES for Florida Southern College DPT Program:

None until fall 2019 if the program becomes a Candidate for Accreditation.