

CURRICULUM VITAE

Alex M. Siyufy PT, DPT, SCS, ATC, Cert. MDT, CPAM, Cert. DN, SFMA
Florida Southern College
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Education:

Doctor of Physical Therapy
University of Pittsburgh
Pittsburgh, Pennsylvania
Physical Therapy
December 2003

Bachelor of Science
Duquesne University
Pittsburgh, Pennsylvania
Athletic Training
May 2001

Licensure Information/Registration Number:

License to Practice	Physical Therapist State of Florida: License #PT33548 Commonwealth of Virginia: License #2305203959
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License to Practice	Athletic Trainer State of Florida: License #AL5266 Commonwealth of Virginia: License #0126000740
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Direct Access Certification	Physical Therapy Commonwealth of Virginia: License #2307000062
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Primary Certifications:

Sports Certified Specialist (SCS)
American Board of Physical Therapy Specialties
Awarded June 2007; Re-certified in 2017

Certified in the McKenzie Method of Mechanical Diagnosis and Therapy (MDT)
McKenzie Institute
Awarded August 2010

Credentialed Clinical Instructor
American Physical Therapy Association
Awarded September 2005

Certified Athletic Trainer (ATC)
National Athletic Trainer Association Board of Certification (NATA-BOC)
Certified April 2001

Employment and Positions Held:

Associate Professor

Tenure-track
Florida Southern College
Doctor of Physical Therapy Program
Lakeland, Florida
June 2018 - Present

Associate Professor

May 2017 – May 2018 (Tenured)
Radford University Doctor of Physical Therapy Program
Roanoke, Virginia
Department of Physical Therapy
Teaching and Research Faculty Status

Assistant Professor

January 2011 – May 2017 (Tenure-track)
Radford University Doctor of Physical Therapy Program
Roanoke, Virginia
Department of Physical Therapy
Teaching and Research Faculty Status

Continuing Education Presenter & Author

Summit Professional Education, Private Lecturer
November 2013 – Present

- Authored and presented a variety of Continuing Education seminars in the areas of Therapeutic Exercise, Manual Therapy and Evidence-based practice to Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapist Assistants, Athletic Trainers, Personal Trainers, Massage Therapists and Chiropractors

Physical Therapist

Physiotherapy Associates

Roanoke, Virginia

November 2011 – August 2017

- Employed part-time to provide coverage on a PRN basis in Outpatient clinics

Physical Therapist

University Physical Therapy

Roanoke, Virginia

April 2011 – December 2014

- Employed part-time to provide coverage on a PRN basis in multiple Outpatient Orthopedic settings

Physical Therapist

Focusqwest Health Care Solutions

Pittsburgh, Pennsylvania

June 2011 – December 2011

- Employed part-time to provide Home Health PT evaluations and treatment visits for multiple agencies on a PRN basis

Physical Therapist

Cynamed

Pittsburgh, Pennsylvania

May 2011 – December 2014

February 2004 - May 2004

- Employed part-time to provide staffing coverage in a variety of Nursing homes, Assisted living facilities and Outpatient PT clinics on a PRN basis

Clinic Director / Physical Therapist

The Therapy Network

Virginia Beach, Virginia

July 2004 – January 2011

- Practice as a Physical Therapist in an Outpatient PT clinic while simultaneously managing all clinic functions
- Responsible for management of all clinic staff and operations including budgeting, marketing, scheduling and hiring
- Perform evaluation and treatment of a musculoskeletal caseload of patients mainly comprised of cervical and lumbosacral pain, post-surgical knee and shoulder cases and various other orthopedic injuries
- Perform interventions utilizing the McKenzie approach, Kinesiotaping, Graston method and neural mobilization techniques
- Provide Athletic training services and serve as a member of the Outreach Athletic Training team including:
 - *Green Run & Kempsville High schools coverage/assistance*
 - *Virginia Wesleyan youth basketball*

Adjunct Faculty

Old Dominion University

1) College of Health Sciences: School of Physical Therapy

2) Human Movement Sciences Department: Graduate Athletic Training Education Program
Norfolk, Virginia
January 2007 – December 2010

- Responsible for teaching and organizing the following courses:
 - **PT 895** Topics in Physical Therapy Clinical Specialties: McKenzie
 - **ESPR 649** Clinical Methods in Athletic Training
 - Content including Graston technique, Kinesiotaping, spinal evaluation/treatment, role of evidence-based rehabilitation approaches
 - **ESPR 657** Lower Extremity Injury Management Strategies

Adjunct Assistant Professor

Tidewater Community College
Health Professions Department
Physical Therapist Assistant program
Virginia Beach, Virginia
January 2006 – December 2008

- Responsible for teaching and organizing the following courses:
 - **HLT 156** – Health Care for Athletic Injuries
 - **PTH 151** – Musculoskeletal Structure and Function
 - **PTH 115** – Kinesiology for the PTA
- Provide assistance with development of program guidelines and assist with multiple program needs such as admissions, clinical site visits, and mentoring/advising of students

Inpatient Physical Therapist

Rehabcare
Norfolk, Virginia
November 2005 - January 2009

- Provided Physical Therapy on a PRN basis within a local network of hospitals within the settings of Acute, Sub-acute and Inpatient rehab (ARU)
- Perform evaluations and set up an appropriate Plan of Care for new patients as well as provide treatments for established patients

Physical Therapist

University of Pittsburgh Medical Center Rehabilitation Hospital
Pittsburgh, Pennsylvania
January 2004 - June 2004

- Function as a Physical Therapist within the Outpatient rehabilitation department with patients ranging from orthopedic conditions, post-stroke, spinal cord and traumatic brain injuries, amputees, vestibular and other neurological diagnoses
- Treatment included the implementation of Aquatic therapy
- Experience within the hospital system has included:

- A 6-month Inpatient rotation for the rehabilitation of orthopedic, neurological and cardiopulmonary patients along with other post-surgical patients
- Management and execution of a “Wellness” program for a variety of patient types

Instructor

Community College of Allegheny County
West Mifflin, Pennsylvania
September 1998 - April 2004

- Taught computer classes to students for the Lifelong-learning division
- Prepared lesson plans and lectures in addition to working individually with students in a lab setting
- Courses included Web Page design/HTML, Exploring the Internet, Microsoft Office Suite and Introduction to Microsoft Windows for Seniors

Peer-Reviewed Publications:

Harper B, Mickle A, Castleberry J, **Siyufy A**, Aron A, Cox K. Feasibility Assessment of the Reebok CHECKLIGHT™ and King-Devick Tests as Screening Tools in Youth Football. *Journal of Sports Medicine & Allied Health Sciences*. (Accepted)

Harper B, **Siyufy A**, Castleberry J, Mickle A, Jagger K, Waff A, Cox K. Clinical Experiences Using a Hit Impact Indicator in Youth Football. (November 23, 2015) Retrieved from <http://thesportjournal.org/article/clinical-experiences-using-a-hit-impact-indicator-in-youth-football/>

Peer-Reviewed Published Abstracts:

Harper B, Cox K, Mickle A, **Siyufy A**, Holshouser C, Aron A. Adolescent Behavior Regarding Concussion [abstract] *Med Sci Sports exerc*: May 2017;49(5S):547. Presented as a poster presentation at the American College of Sports Medicine (ACSM) 64th Annual Meeting in Denver, CO (06/02/17) http://journals.lww.com/acsm-msse/Fulltext/2017/05001/Adolescent_Behavior_Regarding_Concussion_2535.2087.aspx

Boswell S, **Siyufy A**, Harper B. The Effect of Dry Cupping and Exercise on Low Back Pain and Range of Motion: A Case Study [abstract]. *J Orthop Sports Phys Ther*. 2017;47(1):A67-A68. Presented as a poster presentation at the American Physical Therapy Association (APTA) Combined Sections Meeting (CSM) in San Antonio, TX. (02/16/17)

Harris R, McLaugherty E, Mitchell H, Sutphin T, Aron A, Harper B, **Siyufy A**. Instrument-Assisted vs. Self-Release Soft Tissue Mobilization Techniques for Individuals with Active Myofascial Trigger Points [abstract] *Journal of Physical Therapy Practice (JPTP)* 2016;2(1):18. Presented as a poster

presentation at the 3rd Annual Waldron College Interprofessional Symposium & Expo in Radford, VA. (04/12/16)

Harper B, **Siyufy A**, Jorde E, Vaughan H. The Potential Synergistic Effect of Low Amplitude Thrust Manipulation (HVLAT) and Directional Preference Exercise (DPE) On Centralization: A Case Report [abstract]. *J Orthop Sports Phys Ther.* 2015;45(1):A108. Presented as a poster presentation at the American Physical Therapy Association (APTA) Combined Sections Meeting (CSM) in Indianapolis, IN. (02/05/15)

Vaughan H, Jorde E, **Siyufy A**, Harper B. The centralization phenomenon following lumbar spine high-velocity, low-amplitude thrust manipulation: a case report [abstract]. *J Orthop Sports Phys Ther.* 2014;44(1):A115. Presented as a poster presentation at the American Physical Therapy Association (APTA) Combined Sections Meeting (CSM) in Las Vegas, NV. (02/06/14)

Peer Reviewed Scientific and Professional Presentations:

Harper B, Aron A, **Siyufy A**. Adolescent and Collegiate Knowledge and Behavior Regarding Concussion. Presented as a poster presentation at the American College of Sports Medicine (ACSM) 65th Annual Meeting in Minneapolis, MN. (06/02/18)

McDow K, Malloy B, **Siyufy A**, Harper B. Implementation of Dry Cupping Combined with Exercise in Patients with Low Back Pain: A Case Series. Presented as a poster presentation at the Virginia Annual Physical Therapy Conference (VPTA) in Newport News, VA. (10/8/17)

Evans C, **Siyufy A**, Frango K, Harmon S, Spivey D, Aron A. Demonstrating the Safety and Feasibility of Kinesio[®] Taping for Unilateral Rib Fractures: A Case Series. Presented as a poster presentation at the 4th Annual Waldron College Interprofessional Symposium & Expo in Radford, VA. (04/11/17)

McDow K, **Siyufy A**, Harper B, Aron A, Payne EK. Exercise Combined with Dry Cupping for Low Back Pain in a Past Softball Player: A Clinical Case Study. Presented as a poster presentation at the South Carolina Annual Physical Therapy Conference (SCAPTC) in Greenville, SC. (03/31/17)

Siyufy A, Harper BA, Kahn T, Midkiff T, Woods-Bailey M. Effectiveness of Self-Applied Compression Using Thera-Cane for Reducing the Sensitivity of Latent Myofascial Trigger Points in the Upper Trapezius Muscle: a Randomized Sham-Controlled Trial. Presented as a poster presentation at the 2nd Annual Waldron College Interprofessional Symposium & Expo in Radford, VA. (04/14/15)

<http://ocs.radford.edu/index.php/Conferences/Symposium/paper/view/164>

Harper B, Cox, K, Mickle A, **Siyufy A**, Castleberry J, Waff A, Coble, J. Monitoring Concussion Risk Using Rebook CHECKLIGHT[™]. Presented as a poster presentation at the 2nd Annual Waldron College Interprofessional Symposium & Expo in Radford, VA. (04/14/15).

Siyufy A, Harper B, Mickle A. The Effects of Dry Needling in Healthy individuals with and without Latent Myofascial Trigger Points of the Upper Trapezius. Presented as a **platform** presentation at

the Virginia Physical Therapy Association (VPTA) Annual Conference in Tysons Corner, VA. (10/10/14)

Siyufy A. Harper B, Dunn S, Giles, S. Effect of Thermal Agents on Post-Dry Needling Soreness Between Individuals With and Without Latent Myofascial Trigger Points: A Pilot Study, Accepted as a poster presentation at the 7th Annual Carilion Research Day 2014 in Roanoke, VA. Abstract published in Research Day 2014, Carilion Clinic. (04/29/14)

Harper B, **Siyufy A**, Holt T, Kelley C, Gorman S, Swanson E. Functional Movement Screen (FMS™) Reliability: A Movement Wellness Metric, Accepted as a poster presentation at the 7th Annual Carilion Research Day 2014 in Roanoke, VA. Abstract published in Research Day 2014, Carilion Clinic. (04/29/14)

Siyufy A, Harper B, Castleberry J, Vaughn H, Jorde E, Garcia J. A Treatment approach for Low Back Pain using the McKenzie Method combined with Spinal Manipulative Therapy: A Theory Report, Accepted as a poster presentation at the West Virginia American Physical Therapy Association Annual Meeting, Morgantown, WV. (4/5/14)

Castleberry J, Harper B, Huth R, Linville R, **Siyufy A**, Jagger K, John E, Swanson E. Pedagogical Integration in Higher Education: Developing Critical Thinking Skills. Building Self Confidence [abstract]. Presentation as a poster at the proceedings of the 2014 Conference on Higher Education Pedagogy Proceedings, the 6th Annual Conference on Higher Education Pedagogy, Hosted by the Center for Instructional Development and Educational Research (CIDER), Virginia Tech, Blacksburg, VA. (02/14)

Siyufy A, Jorde E, Adkins W. The McKenzie Method for the management of Cervical Pain: Incorporating an Evidence-based approach with exercise and manual therapy. Presented platform presentation and clinical workshop at the VATA Annual Meeting & Symposium, Richmond, VA. (1/12/14)

Jorde E, Vaughan H, Love D, **Siyufy A**, Harper B, Aron A. The Centralization Phenomenon and Patient Outcomes Following A Combination of Directional Preference Exercise (DPE) and Lumbar High Velocity Low Amplitude Thrust (HVLT) Manipulation: A Case Report. Presented as a poster at presentation at the Virginia Physical Therapy Association (VPTA) Annual Conference in Richmond, Virginia. (10/11/13)

Harper B, Jagger K, Castleberry J, **Siyufy A**, Aron A, Huth R, Swanson E, John E. Developing an Autonomous Entry-Level Doctor of Physical Therapy Practitioner: The Science and Art of a Clinical Education Program [abstract]. Presentation as a poster at the proceedings of the 2013 Conference on Higher Education Pedagogy Proceedings, the 5th Annual Conference on Higher Education Pedagogy, Hosted by the Center for Instructional Development and Educational Research (CIDER), Virginia Tech, Blacksburg, VA. (02/13)

Siyufy A, Jorde E, Adkins W. The McKenzie Method for the management of Low Back Pain: Incorporating an Evidence-based approach with exercise and manual therapy. Presented platform

presentation and clinical workshop at the VATA Annual Meeting & Symposium, Richmond, VA. (1/12/13)

Castleberry J, Harper B, Huth R, Jagger K, John W, **Siyufy A**, Swanson E. An integrated doctor of physical therapy curriculum: fulfilling a growing community need [abstract]. Presented as a poster at the proceedings of the 2012 Conference on Higher Education Pedagogy Proceedings, the 4th Annual Conference on Higher Education Pedagogy, Hosted by the Center for Instructional Development and Educational Research (CIDER), Virginia Tech, Blacksburg, VA. (02/12)

Non-Peer Reviewed Presentations:

Harper BA, Kelley C, Holt T, Gorman S, **Siyufy A**, Swanson E. Reliability of an Injury Risk Movement Screen. Presented as a poster presentation at the 1st Annual Waldron College Interprofessional Symposium & Expo in Radford, VA. (04/17/14)

Harper B, **Siyufy A**, Dunn S, Giles, S. The Potential Role of Latent Myofascial Trigger Points in Central Sensitization. Presented as a poster presentation at the 1st Annual Waldron College Interprofessional Symposium & Expo in Radford, VA. (04/17/14)

Siyufy A. Utilization of the McKenzie Method for Spinal pain. Presentation at the Roanoke valley Nurse and Case manager monthly meeting. Roanoke, VA. (5/2/12)

Siyufy A. Lower extremity rehabilitation. Presentation to high school students interested in the field of Athletic Training at the ODU Sports Medicine Symposium in Norfolk, VA. (2/07 and 2/08)

Siyufy A. The benefits of exercise following Gastric Bypass surgery. Presentation to post-surgical patients at the monthly support group at Western Pennsylvania Hospital in Pittsburgh, PA. (5/03 and 4/04)

Funded/In Review Grant Activity:

Awarded the 2012-2013 Waldron College of Health and Human Services Research Award \$10,000 (Principal Investigator)

Title: A Descriptive Study of the Centralization Phenomenon Occurrence Post Lumbar Spine High Velocity Low Amplitude Thrust Manipulation. A Prospective Analysis

Membership in Scientific/Professional Organizations:

American Physical Therapy Association Member, 2004 – Present

Orthopedic Section Member, 2011 – Present

Virginia Physical Therapy Association Member, 2004 – Present

Consultative and Advisory Positions Held:

Co-Editor – Journal of Physical Therapy Practice
May 2016 – August 2018

Athletic Training Program Advisory Board
Radford University
May 2016 – May 2018

PTA Program Advisory Board
Tidewater Community College
Virginia Beach, Virginia
June 2007 – December 2010

- Serve on the panel of local PT/PTA members to guide the short and long term program growth

BOC Examiner
National Athletic Trainers Association – Board of Certification
Richmond, Virginia
May 2002 - December 2007

- Administered in the practical portion of the National credentialing exam for Certified Athletic Trainers

Community Service:

Assists with pre-participation sports Physicals for Salem school district middle and high school student athletes
Salem, VA
April 2013 – May 2018

Christian Formation Instructor
Church of the Holy Family
Virginia Beach, VA
January 2007 – April 2009

- Assist the youth minister in teaching and mentoring of the high school youth approaching Confirmation in the Christian Formation classes

EMT
Tri-Community South EMS
Bethel Park, Pennsylvania
July 1999 - December 2000

- Provided BLS care and assisted with ALS to provide CPR, intubation, artificial respiration, IV therapy, immobilization, oxygen therapy and other interventions
- Taught and promoting the EMS field during community programs such as open houses,

ambulance tours and teaching with the Junior Paramedics

Resident Assistant
Duquesne University
Office of Residence Life
Pittsburgh, Pennsylvania
August 1999 - May 2001

- Planned and organized group activities such as service projects, social events and educational programs
- Served as a role model, mentor and tutor to freshman and upperclassman students

Alpha Phi Omega (National Service Fraternity)
Pittsburgh, Pennsylvania
February 1998 - May 2001

- Served as the Vice President, Public Relations Officer and Historian

American Respiratory Alliance of Western Pennsylvania
Cranberry, Pennsylvania
June 1995 - 1999

- Help with a summer youth (6-18 yrs old) camp program called *Camp Breathe-EZ*
- Teach children how to effectively manage their Asthma through awareness
- Supervise and control campers during various activities and exercises

Other professional volunteer work includes Athletic Training coverage for:

- *The Pittsburgh Marathon (2000)*
- *MS Walk for the Cure (2000)*
- *The National High School Wrestling Championships (1999, 2000)*
- *Pennsylvania regional Special Olympics (2000, 2001)*

Services to the University/College/School on Committees/Councils/Commissions:

Radford University:

University-wide

Member - Graduate Affairs Council
March 2016 – May 2018

Member – Parking and Traffic Committee
September 2015 – May 2017

School (Waldron)

Member - Waldron College Interprofessional Symposium & Expo Planning Committee
September, 2015 - May 2018

Member - Waldron College Associate Dean Search Committee
August 2012 - February 2013

Department

Member – Clinical Education Review Committee
May 2017 – May 2018

Co-Editor – Journal of Physical Therapy Practice
May 2016 – May 2018

Graduate Program Coordinator
March 2016 - May 2018

Chair – Selection Committee
August 2013 – May 2018

Faculty Advisor and Mentor for Student Capstone Research projects
August 2013 – May 2018

Member – Department of PT Personnel Committee
August 2011 – May 2018

Faculty Advisor to DPT students
August 2011 – May 2018

Honors and Awards:

John L. Echternach Research Award
Virginia Physical Therapy Association
Awarded October 11, 2014

Excellence in Clinical Teaching
Hampton University
Department of Physical Therapy
Awarded May 10, 2007

Continuing Education Attended:

APTA NEXT Conference
Orlando, Florida
Presenters: Various
6/27 – 6/30/18

The Eclectic Approach to Upper & Lower Quarter Management
Richmond, Virginia

Presenter: Erson Religioso, PT, FAAOMPT
2/24-2/25/18

Concussion Management in the Physical Therapy setting
Roanoke, Virginia

Presenter: Eric Jorde, PT, DPT, Cert. MDT, Cert. SMT
10/28/17

Introduction to Cervicogenic Dizziness: Diagnosis and Management
Roanoke, Virginia

Presenters: Harrison Vaughan, PT, DPT, OCS, FAAOMPT; Danielle Vaughan, PT, DPT
10/28/17

Launch Into Greatness: A 2-Part Series (Career potential and Kettlebell therapy)
Roanoke, Virginia

Presenter: Ben Fung, DPT, MBA
4/8/2017

Emergency Medical Response (American Red Cross)
Falls Church, Virginia

Presenters: Laura Schmitt and Anthony Carroll
2/26/17

APTA Combined Sections Meeting
San Antonio, Texas

Presenters: Various
2/15-2/17/17

Rotator Cuff Disorders and Their Treatment
Offered online through: MedBridge Education

Presenter: Peter Millett, MD, MS
7/2/16

Movement Dysfunction: An Evidence-Based Overview
Offered online through: MedBridge Education

Presenter: Kyle Kiesel, PT, PhD, ATC
6/25/16

Graston Technique: Treating Movement Dysfunction through Functional Testing, Graston
Technique and Adjunctive Therapies

Offered online through: MedBridge Education
Presenter: Jacqueline Shakar, DPT, MS, OCS, LAT, CMT
4/25/16

Bridging the Gap
Roanoke, Virginia
Presenter: Jacob McCrowell, PT, DPT, CMTPT, SFMA
4/9/16

Selective Functional Movement Assessment
Baltimore, Maryland
Presenters: Michael Voight PT, DHSc, SCS, OCS, ATC, FAPTA; Ashley Campbell, PT, DPT, CSCS
4/1-4/2/2016

M1-Basic Training in the Graston Technique®
Roanoke, Virginia
Presenter: Greg Kelley PT
11/21-11/22/2015

Evidence-Based Examination and Treatment of the Pelvis
Offered online through: MedBridge Education
Presenter: Alexis Wright, PT, PhD, DPT, FAAOMPT
7/2/16

Manual Therapy for the Thoracic Spine
Offered online through: MedBridge Education
Presenter: Louie Puentedura, PT, DPT, PhD, OCS, GDMT, CSMT, FAAOMPT
6/4/15

APTA Combined Sections Meeting
Indianapolis, Indianapolis
Presenters: Various
2/4-2/7/15

Dynamic Taping
Roanoke, Virginia
Presenter: Craig O'Neil PT, DMT, OCS, COMT
10/6/14

Essentials of Pharmacology and Clinical Lab Tests
Offered online through: Evidence in Motion
Presenter: Michael Ross, PT, DHSc, OCS
9/18/14

WVPTA Spring Conference
Roanoke, West Virginia
Presenters: Various
4/5-4/6/14

VPTA Annual Conference
Clinical Reasoning for Cervical Spine Dysfunction: A Lab Course (2 days)
Richmond, Virginia
Presenter: Eric M. Magrum DPT, OCS, FAAOMPT
10/11-10/13/13

“Facilitating Critical Reasoning” / Valley District VPTA meeting
Roanoke, Virginia
Presenter: Renee Huth PT, DPT
5/28/13

Evidence Based Management of the Lumbar Spine
Roanoke, Virginia
Presenters: Ron Masri, PT, DPT, OCS and Jason Soncrant, PT, DPT, SCS,
4/20-4/21/13

VATA Annual Meeting & Symposium
Richmond, Virginia
Athletic Training symposium on multiple topics related to Orthopedics and exercise
Presenters: Various
1/12 – 1/13/13

Effects of Hip Strengthening Exercises on Patellofemoral Pain Syndrome
Audio Conference & Webinar
Presenter: Michael J. Wooden, MS, PT, OCS
11/27/12

DN-2: Dry Needling for Lumbopelvic & Lower Extremity Conditions:
An Evidence-Based Approach
Atlanta, Georgia
Presenter: James Dunning, DPT, MSc Manip Ther, FAAOMPT, MAACP, MMACP (UK)
11/9 – 11/11/12

“FREE Foundation” and “Pelvic Floor 101” / Valley District VPTA meeting
Roanoke, Virginia
Presenter: Jill Thompson, PT
9/12/12

DN-1: Dry Needling for Craniofacial, Cervicothoracic & Upper Extremity Conditions
An Evidence-Based Approach
Atlanta, Georgia
Presenter: James Dunning, DPT, MSc Manip Ther, FAAOMPT, MAACP, MMACP (UK)
8/24 – 8/26/12

Fundamentals of Pharmacology
University of Pennsylvania
Online through Coursera.com
Presenter: Emma Meagher, MD
6/25 – 9/14/12

Duquesne University CE Seminar (Hosted by the RSHS Dept of Athletic Training)
Emerging Evidence with TBI, Neural Tension Theory and Practice (with Lab), Role of Radiologist
with RTP and Evidence-based Practice
Pittsburgh, Pennsylvania
Presenters: Various
7/21/12

Current Teaching Responsibilities:

Year I

Fall semester

AHPT 816 – Theory and Practice I (Primary instructor)

- Patient care skills including gait, stair and transfer training
- Therapeutic Modalities

Spring semester

AHPT 828 – Theory and Practice II (Primary instructor)

- Therapeutic Modalities (continued)
- Therapeutic rehabilitation/exercise
- Manual Therapy – Peripheral joint mobilizations and Soft-tissue release techniques

Year II

Fall semester

AHPT 848 – Pharmacology (Primary instructor)

- Role of Medications for the Rehabilitative Professional

Spring semester

AHPT 860 – Advanced Orthopedics (Co-Instructor)

- Evaluation and Treatment of Spinal Pathology
- McKenzie method assessment and treatment (MDT)
- Therapeutic Taping techniques

Year III

Fall semester

AHPT 882 – Comprehensive Patient Care (Co-Instructor)

- Problem-based learning course combining complex Orthopedic and Neurological-based cases

Certifications:

Sports Certified Specialist (SCS)
American Board of Physical Therapy Specialties
Awarded June 2007; Re-certified in 2017

Certified in the Selective Functional Movement Assessment (SFMA)
Functional Movement Systems
Awarded April 2016

Certified in the Graston Technique (M1)
Graston Technique
Awarded November 2015

Certified to Administer the Y-Balance test
Awarded 2014

Certified in Dry Needling (Cert. DN)
Spinal Manipulation & Dry Needling Institute
Awarded November 2012

Credentialed in Physical Agents Modalities (CPAM)
Physical Agent Modalities Practitioner Credentialing Agency
Awarded May 2011

Certified in the McKenzie Method of Mechanical Diagnosis and Therapy (MDT)
McKenzie Institute
Awarded August 2010

Credentialed Clinical Instructor
American Physical Therapy Association
Awarded September 2005

Certified Athletic Trainer (ATC)
National Athletic Trainer Association Board of Certification (NATA-BOC)
Certified April 2001