

Florida Southern College

Soccer Rules

Spring 2010

All intramural participants are responsible for their own medical expenses. Any student unsure of their physical condition should check with their family physician or the Student Health Center before participating in intramural sports.

The officiating will be done by officials who are in absolute control of the game. Teams are responsible for keeping their spectators under control. Misconduct of spectators, players or coaches can result in assessment of a technical foul, ejection or forfeiture of the game. Spectators must also remain in the area designated by the officials. The officials shall have the power to make decisions on any matters or questions not specifically covered in the rules.

Any rule not mentioned in the following will be governed by National Federation of State High School Association rules and/or NIRSA national guidelines.

1. Players and Substitutes

1.1 A regulation team consists of 7 players (one of which will be the goalkeeper). A team may play with a minimum of 5 players.

1.2 If a player has been disqualified (red card), he/she will not be allowed a replacement.

1.3 A team must notify the referee on all substitutions. No player may come onto the field without permission of the referee.

1.4 Either team may substitute during any dead-ball situation. To substitute the players must go to the center line and wait for the officials to call them on the field. If the players enter the field without being waived on then a warning will be given. After a warning an indirect kick will be taken from the spot of the foul.

2. The Game

2.1 Each half will be 20 minutes in length with a continuous running clock. Halftime will be 5 minutes.

2.2 Any injury time will not be added on at the end of the game, the clock will stop for all injuries.

2.3 The referee reserves the right to stop the clock at his/her discretion for player(s) actions that violate the spirit of the game.

2.4 Time outs will not be allowed.

2.5 Winner of the coin toss will choose which goal they want to defend and will receive ball in second half.

2.6 The referee will whistle the ball into play. The kickoff must be taken from the center of the field. Each team must be on their own half, and the defensive team must be 10 yards off the ball at the time of the kickoff. To kickoff the ball, it must roll forward. The player who kicked off the ball may not touch the ball until another player touches the ball. Violation of the forward rule will result in a retake of the kickoff. All kickoffs are indirect (special intramural rule because the fields are small).

2.7 A goal may be scored during play directly from a penalty kick, corner kick, goal kick, or drop ball. A goal may not be scored directly from an indirect free kick or a throw-in. To score a goal, the ball must completely cross the goal line. After the goal, the ball is returned to the center of the field for another kickoff. The team that gave up the goal will kickoff.

2.8 Teams will change ends at halftime. The team that did not kickoff in the 1st half will kick off in the 2nd half.

2.9 The ball is out of play when it **completely** crosses the sidelines or the end lines. The referee will blow his/her whistle to signify when the ball is out of play.

2.10 The referee blowing his/her whistle warrants a dead ball (even if inadvertent).

2.11 To restart play, the following methods are used:

a. Throw-ins: When the ball crosses the sidelines.

b. Goal kick: When the ball crosses the end line and the offense touched the ball last.

c. Corner kick: When the ball crosses the end line and the defense touched the ball last. The ball is placed a yard away from the corner marker and kicked. A goal may be scored directly from the corner kick.

d. Indirect free kicks: Taken after a foul has been called.

2.12 Ball in play: The ball is still in play if it stays in-bounds after rebounding off the goal, referee, or corner flags.

2.13 A drop ball will be called when play is stopped due to an injured player, inadvertent whistle or when it is not clear whom the ball last touched before going out of bounds. A drop ball is when the referee drops the soccer ball between a person from each team; the ball has to touch the ground before it can be kicked by either player.

2.14 **Mercy Rule:** If a team is ahead by five or more goals with five minutes or less remaining in the second half, the game will end. If a team is ahead by ten or more goals at anytime in the second half, the game will end. At the same time, if a team is ahead by four goals and is deemed to be stalling, the officials have the option to end the game and sportsmanship points may be deducted.

2.15 During the regular season, tie games will stand. During playoffs, ties will be broken using the following rules: Two 5-minute consecutive sudden death overtime periods will be played. The first team to score is the winner. If there is no score in the first overtime, play is stopped, teams switch ends of the field, and possession changes as if starting a new half. If there is no scoring in the second overtime, then a shootout (penalty kicks) will be conducted.

2.16 Regular season games cancelled due to weather or field conditions will be considered a tie. If inclement weather causes a playoff game which has already been started to be cancelled, the game will be continued from the point where it was suspended.

3. Offsides

3.1 There will be no offsides in intramural soccer.

4. Fouls and Misconduct

4.1 Kicking-Striking-Tripping-Jumping

- a. A player shall not intentionally attempt to kick, strike or jump at an opponent. (Penalty: direct free Kick).
- b. A goalkeeper may not intentionally strike or attempt to strike an opponent by throwing the ball at the opponent. (Penalty: Indirect free kick)
- c. A player shall not intentionally trip an opponent. (Penalty: direct free kick)

4.2 Handling

- a. A player shall be penalized for intentionally handling, carrying, striking or propelling the ball with a hand or arm. (Penalty: Indirect free kick).
- b. If a player handles the ball on an obvious (official's judgment) goal-scoring play, the goal will count and the player will be issued a red card.
- c. Unintentional handling occurs when the ball strikes the hands or arms of a player who has not moved the hands or arms to play the ball. This shall not be penalized.
- d. A player shall not hold, push or impede an opponent with hands or arms extended from the body. (Penalty: direct free kick)

4.3 Charging

a. A player shall not intentionally charge an opponent unfairly. An unfair charge is one in which a player does not use shoulder-to-shoulder contact with an opponent, does not have arms and elbows close to the body, and has at least one foot on the ground and the ball within playing distance. (Penalty: direct free kick).

b. A player having one or both feet on the ground shall not charge into an opponent that has no feet on the ground. (Penalty: Direct free kick).

c. A player shall not charge into the goalkeeper in the penalty area. (Penalty: Direct free kick).

1. An official shall disqualify any player who flagrantly fouls the goalkeeper in possession of the ball.

2. Possession or control of the ball is when the goalkeeper has the ball trapped by either or both hands or when bouncing it to the ground or when releasing the ball into play.

3. Outside the penalty area, the goalkeeper has no more privileges than any other player does. Note: When goalkeepers put the ball on the ground, they relinquish their rights as goalkeepers.

4.4 Dangerous Play - In the opinion of the official, all high kicks above the waist in a dangerous manner will be prohibited. (Penalty: Indirect free kick).

4.5 Obstruction

a. Obstruction is the intentional act by a player, not in possession of the ball or not attempting to play the ball, of running between an opponent and the ball or using the body as an obstacle. (Penalty: Indirect free kick).

b. The goalkeeper in possession of the ball shall not be interfered with or impeded in any manner by an opponent. This includes the act of bouncing the ball or dropping the ball for a kick or attempting to throw the ball. (Penalty: Indirect free kick).

4.6 Goalkeeper Restrictions

a. From the moment the goalkeeper takes control of the ball with the hands in the penalty area, the goalkeeper is penalized for taking more than 4 steps in any direction while holding, bouncing or throwing the ball into the air and catching it again, without releasing it into play. The ball must be played by another player for the goalie to be allowed another four steps. (Penalty: Indirect kick)

b. A goalkeeper shall not touch the ball with his/her hands after receiving a throw-in or a deliberate kick by a teammate.

c. A goalkeeper may not hold the ball for more than five seconds after taking possession/control.

d. A goalkeeper may not punt or drop kick the ball.

4.7 Misconduct

A player is cautioned and shown the yellow card if he/she commits any of the following offenses:

- is guilty of unsporting behavior
- shows dissent by word or action
- persistently infringes the Laws of the Game
- delays the start of the game
- fails to respect the required distance when play is restarted with a corner kick or free kick
- enters or re-enters the field of play without referees permission
- deliberately leaves the field of play without the referee's permission

A player is sent off and shown the **red card** if he/she commits any of the following offenses:

- is guilty of serious foul play
- is guilty of violent conduct
- spits at an opponent or any other person
- denies the opposing team a goal or an obvious goal-scoring opportunity by deliberately handling the ball (does not apply to a goalkeeper within his/her own penalty area)
- denies the opposing team a goal or an obvious goal-scoring opportunity to an opponent moving towards the player's goal by an offense punishable by a free kick or a penalty kick
- uses offensive, insulting or abusive language
- receives a second yellow card in the same match
- An official shall disqualify any player who flagrantly fouls the goalkeeper in possession of the ball. Possession or control of the ball is when the goalkeeper has the ball trapped by either or both hands, when bouncing it to the ground, and when releasing the ball into play. Outside the penalty area, the goalkeeper has no more privileges than any other player does. Note: When goalkeepers put the ball on the ground, they relinquish their rights as goalkeepers.

Two ejected players on a team in the same game will result in forfeiture of the game.

5. Free Kicks

5.1 Description of a free kick:

- a. Free kicks shall be classified as "indirect" from which a goal may not be scored unless the ball is played by another player from either team.
- b. Any player of the offended team may take all free kicks in any direction.

5.2 Indirect /direct kick offenses

Indirect:

- a. Entering field of play without permission
- b. Same player playing the ball after a free kick, penalty kick, goal kick, corner kick, throw-in before another player plays the ball
- c. Kicking or attempting to kick the ball while it is in possession of the goalkeeper
- d. Obstruction
- e. Dangerous play
- f. Delay of game (ie. 5 seconds by the goalkeeper)
- g. Goalkeeper double possession
- h. Goalkeeper handling an intentional pass back

Direct:

- a. Tripping
- b. Kicking an opponent
- c. Intentional handling of the ball
- d. Pushing or holding
- e. Charging the goalkeeper in possession of the ball
- f. Jumping at an opponent
- g. Using foul or abusive language
- h. Slide tackling with excessive or dangerous contact (ie. cleats up)
- i. Unsportsmanlike Conduct

5.3 Rules free kick:

Opposition players must be at least 10 yards from the ball until it is kicked, unless standing on their own goal line between the goalpost. If the kick is by a team in its own penalty area, defenders must also be out of the penalty area until the ball clears the penalty area. The ball must be stationary and may be kicked in any direction. After the kick, any player except the kicker may play the ball. A kick in a team's penalty area must leave the penalty area before another player may play the ball.

5.4 Penalty kick: When taken.

A penalty kick is awarded for any infringement of the rules by the defending team within the penalty area. The foul must be deliberate. A penalty kick can be awarded regardless of the position of the ball, if the infraction by the defending team is committed in the penalty area. A goal may be scored directly from a penalty kick.

5.5 Penalty kick: How taken.

The penalty kick is taken from any place on the penalty mark line. When it is being taken, all players (except for the kicker and the opposing goalkeeper) shall be within the field of play but outside the penalty area and at least ten yards away from the penalty mark. The opposing goalkeeper may move laterally, but is not permitted to advance off the goal line until the ball has

been kicked by the offensive player. The player taking the kick must kick the ball forward in order for it to be in play. If the ball is not put into play properly, the kick must be retaken. If the ball hits the goalpost or the crossbar and returns to play, the kicker may not play the ball until another player has played it. The goalkeeper may not be substituted for on a penalty kick unless they were injured during the infraction. The kicker must wait for the official to start the play. The distance for a penalty kick is 12 yards from the goal line.

5.6 Penalty kick: Infringements

During a penalty kick, any encroachment by the defending team or forward movement by the defending goalkeeper is not penalized if the goal is scored. If a goal is not scored, the kick is retaken. If there is an infringement by the attacking team and the ball enters the goal, the goal does not count and the kick shall be retaken. If there is an infringement by the attacking team and the ball does not go into the goal, there is no re-kick. If the ball rebounds into play, the game shall be stopped and restarted with an indirect free kick for the defending team at the spot of the foul. If the ball is saved and held by the goalkeeper, play shall continue. In cases where players from both teams are guilty of infringements, the kick shall be retaken regardless of the outcome of the kick.

5.7 End of time variations

The ball is dead at the moment the whistle sounds to end either half. A goal cannot be scored if the ball was in the air when the whistle was blown; the ball must have completely crossed the goal line. Time may be carried over only for a penalty kick. If the ball touches the goalkeeper during a penalty kick, before passing between the posts or after the expiration of time, the goal is good. If necessary, time of play shall be extended at the end of either half to allow a penalty kick to be taken. If a penalty kick is taken after the expiration of time, only the kicker may play the ball once with the goalkeeper in place.

5.8 Goal Kick: When taken

A goal kick is taken by a member of the defending team when the ball passes completely over the goal line, either in the air or on the ground, having last been touched by a member of the attacking team.

5.9 Goal kick: How taken

The ball is placed on the ground from any point in the goal area nearest to where it crossed the goal line. The ball must be kicked beyond the penalty area, or the kick will be retaken. The goal kick is a direct kick.

5.10 Corner kick: When taken

A corner kick is taken by a member of the attacking team when the ball passes completely over the goal line, either in the air or on the ground, having last been touched by the defending team.

5.11 Corner Kick: How taken

A member of the attacking team shall take a kick from within one yard of the nearest corner. A goal may be scored directly from a corner kick. The opposing team shall not approach within 10 yards of the ball until the ball has been kicked, if the opposing team approaches within 10 yards the kick is retaken. The kicker may not play the ball until another person has touched it. If the ball hits the goalpost and rebounds towards the kicker, he/she still cannot play the ball until another player has touched it.

5.12 Throw-in: When Taken

A throw-in is taken after it has passed completely over a sideline, either on the ground or in the air.

5.13 Throw-in: How Taken

The thrower, at the moment of delivering the ball, must face the field of play with both feet behind or on the line and both feet on the ground. The thrower shall use both hands equally and shall deliver the ball from behind and over his head. The ball shall be in play when it enters the field of play. If the ball never enters the field of play, the same team will retake the throw-in. A goal may not be scored by the throw-in. If the ball is improperly thrown in, a member of the opposing team shall take the throw-in. The thrower cannot play the ball until someone else has touched it. Penalty: Indirect free kick from point of infraction.

6. Shootouts

6.1 Five players (including the goalkeeper) from each team, that were on the field at the end of the second overtime, will be selected by the team to shoot.

6.2 The goalkeepers will be the same as the goalkeepers from the end of the second overtime.

6.3 A coin flip will decide which team has the option of shooting first or last.

6.4 Each team has a total of 5 penalty kicks and will alternate each shot. No rebounds are allowed.

6.5 If the score is tied at the end of the shootout, another shootout (5 penalty kicks) will be conducted.

6.6 The second round can consist of any five players on the team. Players who shot in the first round are also eligible.

6.7 The kicker must wait for the official to start the play on each kick.

7. Slide Tackles

7.1 Slide tackles are illegal in Intramural Soccer.

7.2 A defensive player may leave his/her feet to stop the forward progress of the ball as long as he/she does not create a dangerous situation (i.e. causing a player to jump over him/her). If a dangerous situation is caused, it will be considered a slide tackle.

7.3 On the 1st offense, if the slide tackle is made and is not deemed malicious, it will result in a yellow card, direct free kick and an automatic 2 "Sportsmanship Rating". The entire team will be given a verbal warning.

7.4 The second offense by any player on the team for a slide tackle will automatically result in a red card, direct free kick and

an automatic 1 "Sportsmanship Rating".

7.5 On the 1st offense, if the slide tackle is made and is deemed malicious (playing the player and not the ball and/or from behind), it will result in a red card, direct free kick for the other team and an automatic 1 "Sportsmanship Rating". The entire team will be given a verbal warning. The second offense by any player on the team will result in a second ejection.

7.6 Two ejected players on a team in the same game will result in forfeiture of the game and a 0 "Sportsmanship Rating".

8. Goalkeeper

8.1 On any occasion when a player deliberately kicks the ball to his/her own goalkeeper, the goalkeeper is not permitted to touch the ball with his/her hands. Players may not use trickery to circumvent the rule. For example: Players may not flick the ball with their feet to their own head, chest, knee, and then pass it to their own goalkeeper who touches the ball with their hands. In addition, the goalkeeper is not allowed to play the ball with his/her hands directly from a throw in (from his own team).

8.2 The goalkeeper is limited to a maximum of 4 steps with the ball.

8.3 Goalkeepers have 5 seconds to release the ball after making a save. If a goalkeeper maintains possession of the ball longer than 5 seconds, an indirect kick shall be awarded to the opposing team at the initial spot of control.

8.4 The goalkeeper may use his/her hands within the entire box (penalty area). The goalkeeper is not, however, allowed to handle the ball if the ball is outside of this area.

9. Substitutions

9.1 Either team may substitute an unlimited number of players:

- a. between periods
- b. when a goal is scored
- c. on a goal kick
- d. when a player(s) from either team is injured
- e. when a player from either team receives a yellow or red card

9.2 The defensive team may substitute an unlimited number of players on a throw-in or corner kick, provided the team on offense is substituting as well.