The Link FSC Parent Newsletter 9/13/13

Campus Announcements:

First Convo of the Year – This Wednesday, September 18, marks the first Convocation of the year. Celebrity Conservationist Jeff Corwin is the speaker. Convo gets underway at 10:40 a.m. in the Branscomb Auditorium. If your student is unable to attend, Convo Encores are available Sept. 24 at 2 p.m. or 5:15 p.m. in Branscomb 202 or Sept. 25, 10:40 a.m. in Rogers Auditorium. Convocation attendance is a requirement.

Safety and Security Report - As part of a compliance standard set forth by US Department of Education (DOE), requiring all college and universities to annually report crime and fire statistics for all college properties, FSC posted its crime and fire statistics on September 6, 2013. These are now posted on the FSC Campus Safety & Security webpage. Additionally a hard copy is available in the campus Safety & Security Office . Anyone wishing a copy of the report may email Director of Campus Safety and Security Bill Carew at wcarew@flsouthern.edu.

Getting Help – Your student is now three weeks into the semester. Is it time for some academic assistance? Peer Assisted Study Sessions are now available on campus. PASS is a valuable academic resource for your student to use. Currently help is available in two biology and two chemistry classes. Tutor Tables are Tuesday and Wednesday nights from 6-9 p.m. in the lobby of the Student Solutions Center. Help is available in Math, Biology, Chemistry and Physics.

Preparing for Recruitment – Men's fraternity recruitment begins next week with Bid Day next Saturday, Sept. 21. Currently, 105 men have registered. Women's sorority recruitment follows. So far, 219 women have registered.
Your student still has time to register at www.flsouthern.edu/panrecruitment
Events for women this week include:

- Rho Gamma (Recruitment Counselor) Meet and Greet
  Wednesday, September 18, 2013 at 7pm in JR Lobby

Speaking of English Fall 2013-2014 Presents.... – The first presentation of the Speaking of English series occurs this Thursday featuring Dr. Claudia Slate. "Cast Your Vote for 'Open Boat': As Florida Lit Does it Float?" will take place in Christoverson 109 at 4:15 p.m. We know Stephen Crane for his novel *Red Badge of Courage*; however, his story "The Open Boat" is one of the best-known and widely anthologized American stories, and it claims a Florida setting along with a real-life traumatic experience. Crane (25 years old) wrote this story about surviving a shipwreck off the coast of Daytona Beach on New Year's Day 1897 while traveling to Cuba to work as a newspaper correspondent. Come hear about how Crane turned being stranded with three other men in a ten-foot dingy into a literary masterpiece.

Did you know? - CONGRATULATIONS to the Intramural program ranked #9 in the nation by the Princeton Review for "Everybody Plays Intramural Sports."

Be Bold – The Be Bold event, helping to support the United Way of Central Florida, takes place Thursday, Sept. 19, 5:30-9 p.m., in Munn Park in Downtown Lakeland. Visit the Center for Student Involvement in the Bandshell for more details.

Break Time – Before you or your student realizes it, Fall Break will be here. Be sure to be familiar with the hall schedule and signing up to stay if that's your student's plan.

Building the Sukkah - Come join the fun as "walls," palm fronds, and decorations (think paper chains, e.g.) are added to the Sukkah, located North of JR/Spivey, South and west of Ordway and along the Esplanade path near the Grillmaster. REFRESHMENTS provided by the Jewish Association (JA) Sunday, September 15, from 3-5 p.m. The Sukkah will be open for use by anyone throughout the holiday. The holiday officially begins at sunset on Wednesday, September 18. Services will be held at Temple Emanuel and Chabad of Lakeland that evening and on the first and second days of Sukkot (Thursday and Friday). Rides can be arranged by contacting Dr. Eskin or Rabbi Lazarus. A Lulav and Etrog will be available upon request (Dr Eskin).

Academic Reminders:

- **Wednesday, Sept. 18 – Convocation, 10:40 a.m., Branscomb Jeff Corwin, *Animal Planet* Host and Conservationist**
- **Wednesday, Sept. 18 - Last day to drop an "A" class (class term Aug. 21-Oct. 8)**
- **Fall Break – October 14-18**

Schedule of Upcoming Events:

Friday, September 13

- Salsa Magic, 7 p.m., Bandshell
- Salsa Magic is an Interactive Latin Dance group that will kick off Hispanic Heritage month. Students will interact and learn the latest Latin dance moves as they dance with one another as well as the star of the show. Lots of fun and food. This event is hosted by SOL (Student Organization of Latinos).
- Campus Ministries Retreat (more than 100 students are expected to attend)

Saturday, September 14

- Campus Ministries Retreat

Sunday, September 15

- Chapel, 11 a.m., Annie Pfeiffer Chapel
- Mass, 1:30 p.m., Annie Pfeiffer Chapel
- Building the Sukkah, 3-5 p.m., north of the Grillmaster

Monday, September 16

Tuesday, September 17
Wednesday, September 18

- Convocation, 10:40 a.m., Branscomb Auditorium
- Speaking of English, "Cast Your Vote for 'Open Boat': As Florida Lit Does it Float?" 4:15 p.m., Christoverson 109

Thursday, September 19

- Be Bold Event in Downtown Lakeland, 5:30-9 p.m.
- Festival of Fine Arts: In Praise of Women!, Dr. John Thomasson, baritone and Therese Linquist, piano, 7:30 p.m., Branscomb Auditorium; A recital of songs in German, French, and English as well as musical theatre and cabaret songs. The many facets of man's fascination with woman are explored in song.

Friday, September 20

- Fonchen Lord – A Retrospective; Opening Reception, 7 p.m.,, Melvin Art Gallery; a retrospective exhibition of works from the late artist Fonchen Lord who lived in Lakeland between 1949 and 1993. Her works have been exhibited in major galleries and are on display at several college campuses, including Florida Southern and Harvard.

Saturday, September 21

- Fraternity Bid Day, 10 a.m., Greek Village
- Shuttle to Shop (to the Westfield Mall in Brandon), 1 p.m. – 5 p.m., departing from Circle Drive – This mall hosts more than 158 stores and over 30 unique dining options.

What's happening at Wynee's Bistro:
Monday – Burrito Bar/Guacamole Day
Tuesday – Stir Fry/Dumpling Day
Wednesday – Burger Bar/Cheese Burger Day
Thursday – KFC Bar/Butterscotch Pudding Day
Friday – Tour of the Caribbean/Rum Cake Day
Saturday – Steak & Shrimp Night

College Terrace – Meatball & Pepperoni Marinara on a Toasted Sub
Center Grill Master – Buffalo Chicken Sandwich
Grill Master Tu – Chili Dog

In the News:

Omicron Delta Kappa Named a Presidential Circle
Loretta Reinhart Assumes Duties as Dean of FSC School of Nursing

First-Year Advice:

Even students who have done exceptionally well in high-school may find college work challenging. Courses typically require more outside studying and preparation, which can be a new expectation for students. All students in 1000-level courses will receive third week pass/fail grades. These grades should be available after Tuesday, September 17th, so encourage your student to check their portal for this information. If your student is unhappy with their third

week grade or is concerned about a class, encourage them to utilize Tutor Tables and/or Peer Assisted Study Sessions (PASS), two services offered through the Student Solutions Center. Tutor tables are offered on Tuesdays and Wednesdays from 6:00-9:00 p.m., and include the subjects Math, Biology, Chemistry, and Physics. PASS is offered for BIO 1500, BIO 2215/3215, CHE 1011, and CHE 1111. For times and locations, please contact the Student Solutions Center or check our website.
JoEllen Tharp, Student Solutions

Second-Year Insight:

As we finish the third full week of classes, your student has likely received some graded feedback in all of their classes. I encourage you to speak to them about how they are doing in each class. If you sense frustration, please remind them of resources on campus such as Tutor Tables, PASS (Peer Assisted Study Sessions), and our Pens Central Writing Lab. Also remember our office is always happy to work with students on a plan or to provide encouraging words when needed.
Louise Johnson, Student Solutions

From the FSC Career Center:

Don't forget to tell your student to take advantage of our **Career Center Development Awards.** These awards will allow winners to use $500 towards a seminar or conference they would like to attend. This is open to all students at FSC. Please see additional information and application on our website: www.flsouthern.edu/career **Don't delay** - the due date is **Thursday, September 19, 2013, at 5:00 p.m.** Materials need to be brought to the Career Center in person.
Xuchitl Coso, Career Center

From the FSC Counseling Center:

FAQ: My student did well in high school but I'm not sure his/her study skills are strong enough for college coursework. Is there something I can do to help? It depends. (I know that's an annoying answer but it's true.) You can make brilliant suggestions to your student but suggestions alone won't help. They must be carried out to be effective and that depends on your student. It depends on your student's willingness to seek help, receptiveness to guidance, readiness to try new things, and ability to learn quickly. Fortunately, study skills are learned, not innate, and there are many ways to acquire them. There are organizations such as Sylvan Learning Centers that specialize in helping students of all ages learn efficient study strategies. There are also many self-help books and on-line resources designed to help students improve their study methods. Also, FSC has many opportunities for students who want to become stronger academically. The Student Solutions Center offers some excellent information on learning styles. Professors often have good study tips related to their particular areas of study. Even fellow students can share pointers on what works for them. And here in the Counseling Center we teach strategies that can make a real difference to any student who wants to learn strong, effective study methods. If your student lacks sufficient study skills to do well in college, that lack can be remedied but a timely fix is crucial to this semester's academic success. A speedy resolution also may be vital to your student's long-range career plans because even one semester's poor performance can derail plans for certain majors or for graduate study. So encourage your student to get going *today* and make use of the help available.

Carol Ballard, Counseling Center

From the Nina B. Hollis Wellness Center:

The new school year is off to a great start and students are encouraged to check out what's happening at the Wellness Center and our new equipment.

Campus Wide Blood Drive

We want to give a big "SHOUT OUT" to all students, faculty and staff for making our Blood Drive this week so successful. We had a total of 104 donors in the two days and were able to surpass our goals. We appreciate your support!!

Be BOLD! September 19th at 5:00pm

Students are encouraged to support FSC and come out the Kickoff Event for United Way at Munn Park! Our FSC band will compete with Southeastern University and Polk State! Pick up a FREE shirt at the Bandshell to wear to the event! Questions? Contact Kelly at kandrews@flsouthern.edu or Amanda Blount at ablount@flsouthern.edu.

FREE Personal Fitness Consulting

Through our Jump Start program, our fitness staff can help students reach their health and fitness goals. We offer full fitness assessments, functional movement screenings, personalized exercise program design and instruction and nutrition education. Contact Michele Cash at mcash@flsouthern.edu or 863-680-3894 for more information or to set up an appointment
http://www.flsouthern.edu/wellness/fitness/training.htm

Group Exercise

Classes are in full swing and students will notice a number of new exciting additions to the schedule such as SWEAT, 20/20/20, Dance it Off, and Boot Camp plus
Ab Attack , along with some returning favorites such as Zumba, Indoor Cycling and Turbokick.
Check out our complete schedule at:
http://www.flsouthern.edu/wellness/documents/GroupExScheduleFall13.pdf

Adult Swim Lessons

These lessons are offered to provide one-on-one instruction to help participants reach a variety of goals. Private lessons allow participants to schedule their lessons at their and their instructor's convenience. Lessons are FREE to students and the lesson package includes 4-45 minute sessions with a Water Safety Instructor certified through the American Red Cross. Students can sign up at the front desk of the Wellness Center.

Water Group Exercise Class

Something new: In-Water Moonlight Yoga, 7:30pm, September 26.

Lap Swim Hours

11am – 3pm, W/W/F
11am-1pm, T/TH
12noon-6pm, Sat/Sun

Intramurals

CONGRATULATIONS to the Intramural program ranked #9 in the nation by the Princeton Review for "Everybody Plays Intramural Sports."
Flag Football for women starts Sunday, September 15.

Student Health 101-A Parent Perspective
http://readsh101.com/flsouthern-pp.html
We hope you'll enjoy this interactive parent's companion to our Student Health 101 newsletter.

Sports Shorts:

Fri.	Sept. 13 M Tennis	at UAH Fall Tournament	Huntsville, Ala.	All	Day
Fri.	Sept. 13 W Tennis	at Embry Riddle Fall Tournament	Daytona Beach	All	Day
Fri.	Sept. 13 Volleyball	vs. Concordia-St. Paul	Denver, Colo.	2 p.m.	
Fri.	Sept. 13 Volleyball	vs. Truman State	Denver, Colo.	5:30	p.m.
Fri.	**Sept. 13 W Soccer**	**Incarnate Word**	**Barnett Field**	**7 p.m.**	
Sat.	**Sept. 14 M Soccer**	**Saint Leo**	**Barnett Field**	**7 p.m.**	
Sat.	Sept. 14 Volleyball	vs. TBD	Denver, Colo.	TBA	
Sat.	Sept. 14 Volleyball	vs. TBD	Denver, Colo.	TBA	
Sat.	Sept. 14 XC	at UF/Mountain Dew Invitational	Gainesville	7:55	a.m.
Sat.	Sept. 14 M Tennis	at UAH Fall Tournament	Huntsville, Ala.	All	Day
Sat.	Sept. 14 W Tennis	at Embry Riddle Fall Tournament	Daytona Beach	All	Day
Sat.	Sept. 14 M Golf	at The McLaughlin	Farmington, N.Y.	All	Day
Sun.	Sept. 15 M Golf	at The McLaughlin	Farmington, N.Y.	All	Day
Sun.	Sept. 15 M Tennis	at UAH Fall Tournament	Huntsville, Ala.	All	Day
Sun.	Sept. 15 W Tennis	at Embry Riddle Fall Tournament	Daytona Beach	All	Day
Sun.	**Sept. 15 W Soccer**	**West Florida**	**Barnett Field**	**1 p.m.**	
Tues.	Sept. 17 M Soccer	at Palm Beach Atlantic	West Palm Beach	3 p.m.	
Wed.	**Sept. 18 W Soccer**	**Saint Leo**	**Barnett Field**	**7:30**	**p.m.**

Fri.	**Sept. 20 All Sports**	**FSC Sports Hall of Fall Banquet**	**Jenkins Field House**	**7 p.m.**	
Fri.	Sept. 20 XC	at Jim Ryun Invitational	Lakeland *(Holloway Park)*	6 p.m.	
Sat.	Sept. 21 W Golf	at Daytona St. Lady Falcon Invite	Daytona Beach	All	Day
Sat.	Sept. 21 W Soccer	at Lynn	Boca Raton	1 p.m.	
Sat.	Sept. 21 M Soccer	at Lynn	Boca Raton	3:30	p.m.
Sat.	Sept. 21 Volleyball	vs. Cedarville	Saint Leo	9 a.m.	
Sat.	Sept. 21 Volleyball	vs. S.D. School of Mines	Saint Leo	3 p.m.	
Sun.	Sept. 22 W Golf	at Daytona St. Lady Falcon Invite	Daytona Beach	All	Day

Final Thoughts – Call me crazy but I thought I felt a little bit of "fall" in the air this past week. Sure you had to get up really early to catch it, but I swear it was there. Also, there's that very subtle change in the sunlight. I know it's going to get here! Come on autumn!

All the best – Shari

Shari Szabo
Associate Dean of Student Success
Florida Southern College
111 Lake Hollingsworth Drive
Lakeland, FL 33801-5698